

Story Idea

The Station touristique du Massif du Sud Outdoor adventure with a local flavour

This year marks the 20th anniversary of the Station touristique du Massif du Sud, located only 45 minutes from Quebec City. One of the best-kept secrets of the Chaudière-Appalaches region, the centre offers an exceptional outdoor experience. With its 600 centimetres of accumulated snow yearly and its famous Catski Safari backcountry skiing experience, the Massif du Sud is a haven for fans of powder-skiing in Quebec. A true winter sports supplier, the centre offers groomed trails for cross-country skiing and snowshoeing. After a day on the slopes, what better way to recoup than with a meal featuring local flavours and a well-deserved rest at the base of the mountain?



For daring backcountry skiers, the Catski Safari adventure offers a unique experience in Quebec: strike out for the backcountry of Chaudière-Appalaches to then plunge down powder-covered slopes. With the help of two experienced mountain guides equipped with the required gear, small groups of about 10 people head back to the summit on the Catski vehicle to head back down through the virgin snow. Getting hungry? The activity includes a mountain-type meal enjoyed in a prospector's tent.

If you prefer mechanically groomed ski trails and glade skiing, head for the Massif's northern slope. You'll discover Quebec's snow paradise on 21 uniquely designed trails. While riding up the chairlift, be sure to admire the panoramic view and natural environment of the region; you'll be delighted to discover the Quebec region from a whole new perspective...

For fans of snowshoeing and Nordic skiing, the centre offers 64 km of groomed trails at the base and summit of the mountain. Along bends in the trails of Mont Chocolat and of the Réserve écologique Claude-Melançon, you'll discover the region's majestic landscapes and see the three types of vegetation that have taken root – the arctic tundra at the peak, coniferous woods mid slope, and hardwood forests at the base of the mountains. You'll also have the chance to visit natural rock shelters and follow the lazy river over a dozen kilometres.



Health is a priority at the Massif du Sud and so the cafeteria at our main lodge focuses on unique menus featuring regional fare. The centre's restaurant team offers lunch menus that highlight local products: wapiti and bison, local cheeses and wines made with wild berries.

Should you choose to extend your stay in this charming location, the centre offers a number of fully-equipped slope-side chalets and condos, some of which accommodate up to 24 people. Outdoor enthusiasts can also stay in shelters on the mountain available to those wishing to brave the night.

Nearby:

Appalaches Lodge & Spa, Saint-Paul-de-Montminy

Theme index: Skiing, outdoor recreation, fine dining, winter activity.